



Hilltop Learning Center Family Handbook 2019-20

Welcome to Hilltop!

We are so glad you have chosen Blue Valley for your child's early education. This handbook is intended to answer many of the questions you have as you begin your experience in Blue Valley. Keep it handy throughout the year, and be sure to let us know how we can improve future editions. This handbook is available electronically at www.bluevalleyk12.org/hlc.

Hilltop Learning Center 7700 W. 143rd St. Overland Park, KS 66223 Office Hours 8:00 – 4:00 913-624-2900

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Amy McDonnell, Building Receptionist
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Classroom Team Members	
Classroom Phone Number	
My Child's Teacher	

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PROGRAM INFORMATION

PROGRAM OVERVIEW

There are 26 total early childhood classrooms in the Blue Valley School District. Fifteen of those are at Hilltop Learning Center. Most of the classrooms are referred to as "Reverse Mainstream Classrooms" meaning that about half of the students in the classroom have an Individualized Education Plan (IEP), and half of the children are typically developing peers who enroll from the community.

When the kids are together in the classroom, we function as one community. We do not identify which students are receiving special education and which students are peers. This can make it confusing – even to families who participate in our program – to know how our program works.

We generally serve three groups of children in each classroom, as detailed below:

Children with Individualized Education Plans (IEPs)

- •Are eligible for Special Education Services
- Typically demonstrate a need for intervention in more than one area of development
- May be eligible to receive district-provided transportation (bussing)

Peers

- Must meet peer eligibility criteria
- •independent with toileting
- not eligible for any special education service
- •age (at least 3, not kindergarten eligible)
- •fluent English-speakers
- Not eligible to receive district-provided transportation

Children who are being evaluated to determine their eligibility for an IEP

- May eventually have either an IEP or enroll as a peer
- May be eligible for district-provided transportation

All students receive a high-quality early childhood program that is developmentally appropriate – meaning appropriate to age and to each individual child.

CLASSROOM STAFF

Each classroom is staffed with a certified teacher. Additionally, there is a speech language pathologist and an occupational therapist assigned to each group of three classrooms. These professionals spend a

full day in each room, engaging in all of the activities of the day to ensure that specific intervention is carried out within classroom routines.

Two paraeducators are also typically assigned to each classroom, assisting the teacher and therapists throughout the day. Other professionals may be in classrooms, depending upon the needs of individual children.



DISTRICT VISION AND MISSION

The Vision of the Blue Valley School District:

Together, we will enable each child to become more than he or she ever hoped to be.

To reach this vision, the district mission is articulated as two goals:

Unprecedented Academic Success

Unparalelled Personal Growth

These goals are carried out beginning in our early childhood program.

UNPRECEDENTED ACADEMIC SUCCESS IN EARLY CHILDHOOD



We use the Kansas Early Learning Standards as the foundation of our educational program. These standards are based upon the Kansas College and Career Readiness Standards used by our K-12 partners. The Standards can be found at www.ksde.org/ksearlylearningstandards.

District early childhood staff members have created a scope and sequence based upon the Standards, as well as Unit Guides to align the standards to our ten common themes (below). These Unit Guides can be found on the district website under the Curriculum link.

EARLY CHILDHOOD THEMES

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All About Me • Construction • Fall • Food •
Traditional Tales • Winter • Community Helpers •
Transportation • Spring • Outdoors
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Each theme is anchored with high-quality trade (commonly available) books, meaning that repeated reading and literacy activities form the basis for instruction. Early math, science, and social studies concepts are woven into instructional activities throughout the day.

Research supports that learning through play and meaningful, functional activities leads to students who are prepared to participate in the kindergarten setting. The classroom day consists of large and small group activities, with a significant portion of the day dedicated to play centers. We have done our work well when your kids tell you that they "just played" all day. Behind the play is a carefully created system of environmental and instructional supports.

UNPARALELLED PERSONAL GROWTH IN EARLY CHILDHOOD

Independence, participation in routines, and positive social interactions are important goals for preschool-aged children. Development of these skills and others that are collectively considered Executive Function skills is supported in a number of ways. Direct instruction, including the use of a published social skills curriculum – Second Step – supports this work.



You will receive regular updates related to the specific social skill being taught each week.

Our social skills curriculum is part of our larger, program-wide system of positive behavior interventions



and supports. We base our work on a Pyramid Model, starting with a premise that the base of the pyramid is an Effective Workforce – that's our teachers, therapists, paraeducators, office staff... and you. An effective workforce assumes caring adults who understand about child development, including individual differences.

Tier One describes universal supports that are important for all children, every day: Nurturing and Responsive Relationships, and High Quality Supportive Environments. Our staff members have been involved in specific professional learning over time to ensure that these foundations are in place.

<u>Tier Two</u> involves Targeted Social Emotional Supports, recognizing that even in effective

settings, sometimes kids need specific supports to solve problems or practice skills. You may hear your child talk about the "solutions" he or she is being taught to use when they have a "problem." These solutions come from the Pyramid Framework, and are available at https://challengingbehavior.cbcs.usf.edu/Implementation/family.html

Finally, some children will need intensive supports and instruction in order to have positive interactions and participation. *Tier Three* involves using a systematic approach to assessing persistent challenging behaviors and addressing them in ways that promote safe and healthy social emotional development.

UNIVERSAL PRACTICES FOR PROMOTING SOCIAL EMOTIONAL DEVELOPMENT

Five practices have been identified as standard practice in our classrooms that are supported by research in promoting positive behaviors. You can expect that your child will experience the following on a daily basis:

- 1. We use a much higher rate of **positive, specific feedback** than corrective feedback. We believe in telling students what TO do, rather than what NOT to do. We call attention to positive behaviors with specific language that teaches kids that those are expected behaviors at school.
- 2. We use **schedules** so that kids know what is coming in their day, and we make them visual.
- 3. We have **routines** that allow students to participate confidently as well as learn to react flexibly to change.
- 4. We **teach** the specific behaviors we want to see for each routine.
- 5. We provide explicit, developmentally appropriate **social skill instruction** in skills such as taking turns, sharing, and following another child's lead.

PROGRAM-WIDE EXPECTATIONS

We use three common behavior expectations across all early childhood settings. Specific rules that apply to each routine of the day and area of the building are tied back to these expectations.



More information will be provided throughout the year for you to use to implement the practices from the Pyramid Model at home. Information can be accessed at any time by visiting https://challengingbehavior.cbcs.usf.edu

PROGRAM PARTNERS

PARENTS AS TEACHERS (PAT)

From the second floor of Hilltop Learning Center, the Blue Valley Parents as Teachers program is a free voluntary program that serves Blue Valley families prenatally to 36 months. Parents as Teachers provides home visits, group connections, playgroups, and a resource center for enrolled families. In addition, they provide screenings for hearing, vision, language, dental, nutrition, motor, intellectual, and social development.

Parents as Teachers staff partner with our early childhood staff to provide supports, including smooth transitions for children and families.

For more information, call the Parents as Teachers office at 913-624-2800 or visit them on the web at www.bluevalleyk12.org/parentsasteachers.

PTA (PARENT – TEACHER ASSOCIATION)

The Blue Valley Early Childhood PTA (BVEC-PTA) is designed to assist families with children birth to five years of age in meeting their learning and growth potential. In addition, the BVEC-PTA serves as the parent group for Hilltop Learning Center. In fact, we are designated as a National PTA School of Excellence!

Members of the PTA pay a nominal fee per family (\$25.00) which brings access to the following benefits:

- PTA events including playgroups, community outings, parent information events, and family events (arts, music, etc.) -- posted on the Calendar of Events at the PTA website.
- Monthly newsletter
- Parents as Teachers Resource Library
- Opportunities for input on future activities
- Opportunities for involvement in PTA-sponsored activities to support our school
- Membership in the National Parent-Teacher Association.

PTA meetings are open to all – it's okay to attend before you join. The PTA is always looking for volunteers! You may choose to help for a single event, as your child's room parent, or in a PTA



board position. No previous PTA experience is necessary, just a desire to pitch in!

Blue Valley Families Birth.

Early

Childhood

Satellites

Learning

Center Early

Childhood

Parents As

Teachers

For more information, see the BVEC PTA website at www.bvecpta.com or email bvearlychildhoodpta@gmail.com

DETAILS

ABSENCES

It is important that your child attend school each day to have a consistent educational program. Of course, illness or other family events can cause absences. If your child will be absent, please let us know by contacting your child's teacher, or by calling our school nurse at 913-624-2913. For your child's safety, if we have not heard from you within about an hour

of school starting, we will attempt to contact you.

If your child is ill, please let us know the nature of the illness and the child's expected return to school. A child who is ill, especially one who has a fever, severe cold, vomiting, or diarrhea, should be kept home until they are free of symptoms (particularly free of fever without the use of fever-reducing medication) for 24 hours.

We thank you for your help in keeping our students and staff safe by keeping children at home when they are ill.

ARRIVAL/DISMISSAL

Your child's safety is our most important priority when it comes to arrival and dismissal procedures. A secondary priority is protecting your child's instructional day. Please see <u>Appendix A</u> for complete arrival and dismissal procedures. Share these procedures with all adults who may be responsible for bringing or picking up your child.

If your child will be late to school, you will be asked to sign in at the front desk and office staff will take your child to his or her classroom.

We appreciate your efforts to drop off and pick up your child within the stated times. For your child's safety, please note that only cars with a Hilltop-issued car tag will be allowed to use the car

	Arrival	Dismissal
AM	8:30 - 8:40	11:20 - 11:30
PM	12:30 -12:40	3:20 - 3:30

line. If you or your caregiver forgets your sign, simply park and walk into the building so that we can verify we are sending your child home with someone you authorize. Thank you for letting us know in advance if your child's pick up arrangements will change.

ALL Children MUST be seated and buckled in age-appropriate child safety seats.

CELEBRATIONS

BIRTHDAYS

A birthday is a special day in the life of a child. You are welcome to send a special snack to school on your child's birthday for the



teacher to serve during snack time. Please arrange this with your child's teacher prior to the day. If your child's birthday is in the summer, you and the teacher can designate a day as a "half-birthday" if you choose. All snacks must be on the district Nut Safer list, which can be found on our school website.

If you are having a celebration outside of school, we can distribute party invitations via backpacks if ALL students in your child's class are invited. Otherwise, we encourage you to send invitations directly to invited children by mail or e-invitations

CLASS PARTIES

We love to celebrate all kinds of events at Hilltop! Common celebrations include pajama days, special cooking activities such as pancakes or pizzas, and special activities when we reach classroom goals. We will also have seasonal celebrations in the fall, winter, and spring. Families may be asked to contribute special snacks or other items, but volunteers or "party planners" are not necessary. For families who enjoy the opportunity to visit the classroom during parties, please see the section regarding Stay and Play activities.

BUS SERVICE

For our students with Individualized Education Plans, bus transportation may be available as a special education service. Bussing is provided by Durham School Services as a contracted service through Blue Valley and can take place between locations within the district boundaries. You can check whether a location is within the district boundaries at www.bluevalleyk12.org/boundaries.



If your child rides the bus, please be sure to provide a consistent drop off and pick up schedule. Due to the nature of the routing systems and the impact on other students, the bus company is not able to accommodate temporary, daily changes in locations. Please also understand that drop off and pick up times can vary by as much as 10-15 minutes as individual students are loaded/unloaded by their caregivers. If the schedule will be significantly delayed, Durham will notify families using their TextCaster system. Information will be provided by Durham to enroll in TextCaster notifications to

families of bus riders.

Bus service is not available for peer students. Transportation for peer students is the responsibility of the family. Your classroom teacher may be able to assist in connecting you with families who may be interested in carpool arrangments.

CALENDAR

Hilltop Learning Center follows the Blue Valley School District calendar, with the notable exception being that we do not hold classes on Fridays.

The district calendar can be accessed from the Blue Valley home page <u>www.bluevalleyk12.org</u> or by <u>clicking here</u>.

CLASS ASSIGNMENTS

Younger students are placed in the AM sections, older students in the PM sections. To the greatest degree possible, children are placed in classrooms with other students who will attend their same Blue Valley neighborhood school for kindergarten.

COMMUNICATION

Regular communication between families and teaching staff is critical to providing an excellent education for your child. We will work to communicate with you about what is happening at school, and invite you to share with us about your child's life at home. Staff members are accessible through email, phone calls, and personal visits.

Arrival and dismissal times are appropriate for a quick comment or question, but if you need a little more time, simply let your teacher know and she will set up a time with

you. Our paraeducators are fantastic, but are asked to only

communicate with you in general terms so that your teacher (or therapists) can be your primary communication link. Family-Teacher conferences take place in October and February.

You can expect weekly class updates from your child's teacher via SeeSaw. This can be accessed from a computer or device, and you can choose how you would like to receive updates. You can also expect regular communication from the building and the district. Email is a primary mode of communication, so it is essential that your email address(es) remain up to date in the school office. If you do not have access to email, just let the principal know.

Bookmark www.bluevalleyk12.org/hlc and plan to visit regularly for the school calendar and updates!

MASS COMMUNICATION TOOL

Blue Valley utilizes a mass communication service for building and district-wide communication, as well as alerts. Your email address(es) and phone number(s) you provided in ParentVue are used automatically, so be sure to keep these up to date.

CLOTHING FOR SCHOOL

In order to help your child participate fully in the learning day, we ask you to follow a few simple guidelines:

- Shoes Your child should wear shoes that allow him or her to run, jump, climb and ride bikes/trikes safely.
 Best are soft-soled, closed toe sneakers. Flip-flops, croc-style shoes, and sandals limit your child's safe participation.
- Clothing Preschool is messy, and preschoolers are learning to be independent. Clothing choices that are washable and allow for maximum independence with bathroom-related dressing are best. Please be sure to keep a change of clothing at school that is appropriate to the season.
- Outdoor clothing Assume that your child will play outside every day. Appropriate coats, hats, mittens, etc. that are easy for your child to manage will ensure that your child can comfortably participate in outdoor play.

FIELD TRIPS

Your child's class may participate in 1-2 field trips this school year. These trips are intended to link our curricular standards/themes to a community context, or experience performing arts – again, with a curriculum connection. Sometimes, adult volunteers will be needed and other times they will not. Students will ride in Durham school busses with seat belts unless otherwise specified.



name and the purpose of the payment.

If your family circumstances prevent you from being able to pay a field trip fee, you may contact the principal via phone or email. Funds are available to assist families confidentially.

OUTDOOR PLAY

Outdoor play is an important part of our daily activity. Far more than just recess, outdoor play allows children to build large and small motor skills, engage socially with peers, and practice new learning in a different environment. We will play outdoors each day, weather permitting. Our covered playgrounds even allow us to go outside in light rain, although we do not go out when there is threat of lightning in the area.

Cold temperatures don't deter us, so please be sure to send warm outdoor clothing with your child. We use wind chill as guide to determine if it is appropriate to play outside, using the following district guidelines:

Windchill above 20°	Outdoor play as scheduled
Windchill between 10°and 20°	Limited outdoor play
Windchill below 10°	No outdoor play

In warmer months, we take full advantage of our shady areas to stay cool on the playgrounds. Outdoor play may be limited if the <u>Kansas City SkyCast</u> indicates unsafe air quality.

Our playgrounds are open to the public each weekend during the school year. During the summer months, our playgrounds are open whenever programs are not in session, with a summer schedule posted on the front doors.

PICTURE DAYS

We work in partnership with Inter-State Studios to take school portraits. The district uses these photos for identification of student records. It is optional for families to purchase picture packages. Prior to picture day, you will receive a link to order picture packages online. Questions about ordering or your particular order should be directed to Inter-State studios at 816-600-2454 or inter-state.com/Support

Picture Days for the 19-20 school year are scheduled for:

- October 23 all students
- December 4 students who were absent on 10/23 or newly enrolled since 10/23
- March 4 students who were absent previously or newly enrolled since 12/4 AND class photos



All picture days are for school portraits only. We do not take the informal spring photos offered on the Inter-State website.

If you are interested in volunteering to assist on picture days, please contact the PTA at bvearlychildhoodpta@gmail.com.

SAFETY AND SECURITY

The safety of our students is our primary responsibility. Policies and procedures have been created to ensure that we keep kids safe during the time they are at school.

BUILDING ACCESS

Hilltop, like all Blue Valley schools, is a secure building. All visitors must come to the main reception desk and pass through the office to access the building. All staff, families, and visitors must wear their district-issued badge or sticker while in the building. Exterior doors are only accessible to those with a properly coded badge or key. Playgrounds are gated during school hours and must be accessed through the building when the gates are closed.

Beginning during the 19-20 school year, a government-issued ID (driver license, passport, etc.) is required to enter the school. Only those individuals with an ID and a legitimate purpose for entering the school will be admitted past the lobby area.

EMERGENCY PLANS



We work with our district safety and security staff to develop plans in the event of a number of emergency situations. We practice these plans throughout the year. In the event that an emergency situation takes place, you will be notified via the district mass communication tool. Depending upon the situation you may receive notifications via email or phone or text, so it is important that this information

remains up to date in our office. Any phone or email updates should be directed to the office, rather than your child's individual teacher.

In the event that there is dangerous weather during arrival or dismissal times, we may choose to keep the children inside of the building until the weather passes. If that is the case, families are welcome to come into the building to wait.

If a building evacuation should become necessary, students will be transported to another Blue Valley school or other safe location and you will be notified. Students will only be released to a parent or other adult listed as having permission to pick up the student.

SCHOOL CLOSING

INCLEMENT WEATHER

In the event that school is closed due to inclement weather, families will be notified in a number of ways:

- Blue Valley website An announcement will be posted on the <u>homepage</u>
- Social media Follow @bvschools on Twitter or like Blue Valley Schools on Facebook.
- Text messaging
- Email

- Media outlets Listen to any of these local media outlets: WDAF-TV (Ch. 4), KCTV (Ch. 5), KMBC-TV (Ch. 9), KSHB-TV (Ch. 41), as well as KCUR, KFKF, KMBZ and WDAF radio stations.
- Weather line Call Blue Valley's weather line for weather related school closing information at (913) 239-4600.

If severe weather continues and classes are canceled the following day, families will be notified in the same manner as the day before. Otherwise, families should assume classes will be in session.

Snow days are built into the district calendar and the district will make an official announcement about the last day of school after spring break.

In the event of a Late Start, NO AM CLASSES will be held. PM classes will have a typical schedule.

EMERGENCY CLOSURES OR DELAYS

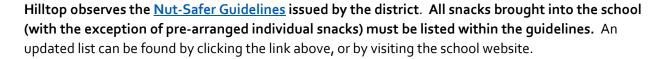
There could be other reasons Hilltop would be closed or have a delayed start, for example a water main break or power outage. For these building-specific announcements, we will use email and text messaging to let you know.

SNACK

Snack time is an important part of the preschool day. Besides offering a little fuel to make it through the day, we use snack as a natural opportunity to teach skills from our curriculum including social, language, math, science, and cognitive skills.

To support our instructional program, you will be asked to contribute snack for your child's class on a rotating basis. If this proves to be a hardship in any way, please contact your child's teacher or the principal for an alternate arrangement.

If your child has specific dietary needs or allergies, we will work with you to accommodate those needs.



NUTRITION CONSIDERATIONS

We are grateful for our families' voluntary participation in providing snacks for our program. In addition to ensuring safe snacks by following the Nut-Safer guidelines, we also ask your help to consider the nutritional content of the snacks you send to school. We want to partner with you to teach our children that food is the fuel we need to have healthy minds and bodies, rather than just a treat.

Please consider sending fresh fruits and vegetables as frequently as possible. A recommended snack list (from items on the Nut-Safer list) is provided below as well as a copy at the back of the handbook – that you can remove from the booklet and keep handy. It is also available on the school website so that you can save a copy to a device.

Early Childhood Recommended Snack List

Adapted from the Blue Valley "Branded List of Permitted Food Items"

All items subject to change. Most updated list can always be found at www.bluevalleyk12.org/hlc

ltem	Specific Brands
Fresh Fruits or Vegetables	
Cut broccoli, baby carrots, snow peas, pepper strips, cut cauliflower, grape tomatoes etc.	No specific brands, but please send washed and cut/ready to serve. Organic or conventional is fine. A variety is great!
Apple slices, "cuties" or other mandarin oranges, grapes (cut for AM classrooms), pear slices, bananas, cut pineapple, blueberries, strawberries etc.	No specific brands, but please send washed and cut/ready to serve. Organic or conventional is fine. A variety is great!
Dried and Canned Fruit	
Raisins (NOT yogurt covered)	Best Choice, Sunmaid, Sunmaid Organic
Craisins	Ocean Spray
Prunes (dried plums)	Sunsweet
Canned Fruit (choose varieties packed in 100% juice)	Del Monte (individual containers), Native Forest
Applesauce (choose NATURAL varieties)	Best Choice, Mott's, Musselman's, Kirkland's Organic Pouch
Applesauce on the Go (choose 100% Fruit varieties)	Materne GoGo Squeeze, Motts
Cereal	
Autumn Wheat	Kashi
Cinnamon Crunch	Cascadian Farms
Graham Crunch	Cascadian Farms
Purely O's	Cascadian Farms
Kix: Honey or Original	General Mills
Alpha Bits	Post
Shredded Wheat Spoon Size: Original	Post
Cheerios (regular or multi-grain, not flavored)	General Mills
Chex (Rice)	General Mills
Dairy Products	

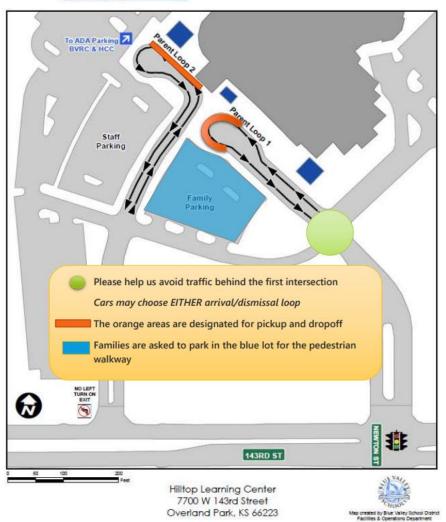
Cattoria Channa (fat funa lavufat Old Fackianad)	Anderson Frielman Cond Culture		
Cottage Cheese (fat-free, low fat, Old Fashioned)	Anderson Erickson, Good Culture		
Mozzarella Snacking Cheese	BelGioioso		
Skinny Cow – Cheese Wedges	Laughing Cow		
String Cheese	Best Choice, Crystal Farms, Frigo, Sargento		
Stringles	Organic Valley		
Yogurts			
Greek Yogurt (plain, strawberry, vanilla, blueberry)	Dannon		
Yogurt Blends, Fruit on the Bottom, YoBaby, YoToddler, YoKids	Stoneyfield		
Yogurt Tubes: Gogurt	Yoplait		
Crackers			
Special K Cracker Chips: Sea Salt	Kellogg's		
Triscuits: Original	Nabisco		
Wheat Thins: Original	Nabisco		
Goldfish (Whole Grain Cheddar)	Pepperidge Farms		
Cheez-It (Whole Grain)	Sunshine		
Cheddar Bunnies (Whole Wheat) Annie's Homegrown			
Popcorn			
Natural and Butter Flavor	Newman's Own		
Original, Black Pepper, Ultra-Light White Cheddar, Naturally Sweet			
Miscellaneous Foods			
Beef Jerky: Original	Jack's, Slim Jim		
Salsa	Pace, Tostito's, Taco Bell, Amy's		
Peanut Butter Substitutes	Wowbutter, Sunbutter		
Popped Rice Snacks: Apple Cinnamon, White Cheddar, Ranch	Quaker		
Approved Brands – Healthy Options (whole grain, low sugar, free of dyes and preservatives) from these brands are approved			
Don't Go Nuts, Enjoy Life Foods, Home Free, Lucy's, Mama Resch's, Surf Sweets, Safely Delicious			
Any other items must be in their original packaging, must contain an ingredient label, and must clearly state on the label, "Made in a Nut-Free Facility," or "No Nuts"			

STAY AND PLAY

Each classroom will schedule 3-5 Stay and Play dates. On these dates, you are invited to school to participate in one or more routines of the day with your child. Unless otherwise instructed, these events are for caregivers only. Arranging care for siblings ensures that you will be able to fully engage with your preschool student. Other events intended to help families meet one another in a social setting may be planned as well.

We will work to share these dates as far in advance as possible so that you can make arrangements to attend. This is a great opportunity for you to participate with your child and get a "sneak peek" into their day.





Arrival and Dismissal Car Loop Procedures 2019-20

<u>Arrival</u>

Cars will use either entrance to our campus and choose either car loop. Staff will be on duty during the times listed. There will be multiple unloading stations along the car loop. For safety and efficiency, families are asked to pull forward to the farthest available station and wait for a

	Arrival	Dismissal
AM	8:30 - 8:40	11:20 - 11:30
PM	12:30 -12:40	3:20 - 3:30

staff member to assist their children out of the car. When the children have exited from the first set of cars, that group will pull out together and the next set of cars will pull up.

This process will continue until all cars have been unloaded or until the end of arrival time, when the staff will need to enter the building to

begin the school day. If you arrive outside of the listed times, simply walk your child into the building.





Dismissal

Cars will use either entrance to our campus and choose either car loop. As cars pull up to the marked loading stations, a staff member with a radio will announce your arrival during the time listed. A staff member will escort your child to the loading station and will buckle your child in the car seat. For safety, families will confirm that their child is secure before leaving. A set of cars will be loaded at one time, and should pull away from the curb as a group. All children *must* be riding in an ageappropriate child safety seat.

In order to use the pick-up line at dismissal, cars must have the <u>school-provided sign</u> in the front windshield. Our safety procedures do not allow us to dismiss a child into a car without this sign.

If you do not have a sign, please park and come into the building to pick up your child.

If you are walking in to pick up your child, please wait near the orange chairs in the lobby.

More Tips for a Safe and Efficient Process

- Our highest priorities are the safety of your children and the integrity of our school day.
- Please ensure that you have a child safety seat appropriate for your child's age and size. **We will not load a child into a car without an appropriate safety seat.** 3 year olds must be correctly buckled in an approved seat with a five point harness, while 4 and 5 year olds may ride in a booster seat. For more information, see http://www.kansasboosterseat.org/download/booster_flyer.pdf
- So that we can safely assist your child from the sidewalk, please place the child safety seat in the back seat on the passenger side when possible.
- Drivers should **remain in the car** while in line.
- In the car loop, parents must **remain single file** and **not pass any other cars** to proceed to an open loading station (unless directed by a staff member).
- Please wait for the cars ahead of you to load and pull away, even if your car is loaded.
- Please park and walk in if your child is struggling with the transition to or from school. If this is an ongoing concern, your child's teacher is happy to help you develop a plan to ease the transition time.
- If there are cars waiting for the first car loop, please proceed to the second car loop. **Do not block the intersection**.
- In the car loop, our staff members are focused on their safety duties. If you wish
 to visit with your child's teacher, please park and come into the building or
 schedule a mutually agreeable time.
- While busses use a separate entrance/exit, please be aware that they will share part of the drive lane with cars.

BASIC CAR SEAT SAFETY All children must use a car seat, booster seat or seat belt. My child always rides in a back seat and never in front of an Everyone in my car buckles up on every ride using the right car seat, booster seat or seat belt for each person's age and size. My child's car seat has all of its parts, labels and instructions and has never been in a crash. I follow the instructions for my car and my car seat so that my child is buckled in right and tight. My child's car seat has never been Use our online Ultimate Car Seat Guide for information on all your car seat needs. www.safekids.org/ultimate-car-seat-guide I never leave my child alone in

Thank you in advance for your positive attitude and good will for your fellow families! This will go a long way toward a smooth and stress-free time for all, and will help your child to have a good feeling about school.

APPENDIX B – PREFERRED SNACK LIST

Early Childhood Recommended Snack List

Adapted from the Blue Valley "Branded List of Permitted Food Items"

All items subject to change. Most updated list can always be found at www.bluevalleyk12.org/hlc

ltem	Specific Brands
Fresh Fruits or Vegetables	·
Cut broccoli, baby carrots, snow peas, pepper strips, cut cauliflower, grape tomatoes etc.	No specific brands, but please send washed and cut/ready to serve. Organic or conventional is fine. A variety is great!
Apple slices, "cuties" or other mandarin oranges, grapes (cut for AM classrooms), pear slices, bananas, cut pineapple, blueberries, strawberries etc.	No specific brands, but please send washed and cut/ready to serve. Organic or conventional is fine. A variety is great!
Dried and Canned Fruit	
Raisins (NOT yogurt covered)	Best Choice, Sunmaid, Sunmaid Organic
Craisins	Ocean Spray
Prunes (dried plums)	Sunsweet
Canned Fruit (choose varieties packed in 100% juice)	Del Monte (individual containers), Native Forest
Applesauce (choose NATURAL varieties)	Best Choice, Mott's, Musselman's, Kirkland's Organic Pouch
Applesauce on the Go (choose 100% Fruit varieties)	Materne GoGo Squeeze, Motts
Cereal	
Autumn Wheat	Kashi
Cinnamon Crunch	Cascadian Farms
Graham Crunch	Cascadian Farms
Purely O's	Cascadian Farms
Kix: Honey or Original	General Mills
Alpha Bits	Post
Shredded Wheat Spoon Size: Original	Post
Cheerios (regular or multi-grain, not flavored)	General Mills
Chex (Rice)	General Mills

Dairy Products			
Cottage Cheese (fat-free, low fat, Old Fashioned)	Anderson Erickson, Good Culture		
Mozzarella Snacking Cheese	BelGioioso		
Skinny Cow – Cheese Wedges	Laughing Cow		
String Cheese	Best Choice, Crystal Farms, Frigo, Sargento		
Stringles	Organic Valley		
Yogurts			
Greek Yogurt (plain, strawberry, vanilla, blueberry)	Dannon		
Yogurt Blends, Fruit on the Bottom, YoBaby, YoToddler, YoKids	Stoneyfield		
Yogurt Tubes: Gogurt	Yoplait		
Crackers			
Special K Cracker Chips: Sea Salt	Kellogg's		
Triscuits: Original	Nabisco		
Wheat Thins: Original	Nabisco		
Goldfish (Whole Grain Cheddar)	Pepperidge Farms		
Cheez-It (Whole Grain)	Sunshine		
heddar Bunnies (Whole Wheat) Annie's Homegrown			
Popcorn			
Natural and Butter Flavor Newman's Own			
Original, Black Pepper, Ultra-Light White Cheddar, Skinny Pop Naturally Sweet			
Miscellaneous Foods			
Beef Jerky: Original Jack's, Slim Jim			
Salsa	Pace, Tostito's, Taco Bell, Amy's		
eanut Butter Substitutes Wowbutter, Sunbutter			
Popped Rice Snacks: Apple Cinnamon, White Cheddar, Ranch			
Approved Brands – Healthy Options (whole grain, low sugar, free of dyes and preservatives) from these brands are approved			
Don't Go Nuts, Enjoy Life Foods, Home Free, Lucy's, Mama Resch's, Surf Sweets, Safely Delicious			
Any other items must be in their original packaging, must contain an ingredient label, and must clearly state on the label, "Made in a Nut-Free Facility," or "No Nuts"			

APPENDIX C – BOARD POLICY REGARDING EMERGENCY SAFETY INTERVENTIONS

Emergency Safety Interventions (ESI)

Emergency Safety Interventions (ESI) refers to the use of seclusion or physical restraint. District personnel may use seclusion and/or physical restraint only when less restrictive alternatives were determined by a school employee to be inappropriate or ineffective, and when a student's behavior presents an immediate danger to self or others. Violent actions that are destructive of property may necessitate the use of ESI. The use of ESI shall stop as soon as the immediate danger of physical harm ceases to exist.

ESI Restrictions

- 1. Use of ESI for purposes of discipline, punishment or for the convenience of a school employee, is prohibited.
- 2. A student shall not be subjected to an ESI if the school has received appropriate documentation from the student's licensed health care provider, stating the student has a medical condition that could put him/her in mental or physical danger because of an ESI. The written statement shall include the student's specific medical diagnosis, a list of reasons why ESI would be dangerous based on the diagnosis, and any suggested alternatives to ESI. A student may still be subject to an ESI if not using the ESI would result in significant physical harm to the student or others.

Campus Police Officers and School Resource Officers shall be exempt from the requirements of ESI when engaged in an activity with a legitimate law enforcement purpose. School security officers are not exempt from ESI requirements.

Seclusion

"Seclusion" occurs when a student is (1) placed in an enclosed area by school personnel; (2) purposefully isolated from adults and peers; and (3) prevented from leaving, or reasonably believes he or she will be prevented from exiting. All three conditions must be present for seclusion to occur. Use of "Time Out" where a student is temporarily removed from a learning activity without being secluded when used as part of a behavioral intervention is not considered an ESI.

Seclusion Restrictions

- 1. During seclusion, a school employee shall be able to see and hear the student at all times.
- 2. All seclusion rooms equipped with a locking door shall be designed to automatically disengage when the school employee moves away from the seclusion room.
- 3. A seclusion room shall be a safe place with proportional and similar characteristics as other rooms where students frequent, including well-ventilated and sufficiently lighted.

Restraint

"Physical restraint" occurs when bodily force is used to substantially limit a student's movement, except that consensual, solicited or unintentional contact to provide comfort, assistance or instruction shall not be deemed physical restraint. The use of "Physical Escort" or temporary touching or holding the hand, wrist, arm, shoulder, or back of a student who is acting out for the purpose of inducing the student to walk to a safe location is not considered an ESI.

Restraints Restrictions

1. The use of prone physical restraint, supine physical restraint, physical restraint that obstructs

- the airway of a student, or any physical restraint that impacts a student's primary mode of communication is prohibited.
- 2. The use of chemical restraint, except as prescribed treatments for the student's medical or psychiatric condition by a person appropriately licensed to issue such treatments, is prohibited.
- 3. The use of mechanical restraint, except those protective or stabilizing devices either ordered by a person appropriately licensed to issue the order for the device or required by law, any device used by a certified law enforcement officer in carrying out law enforcement duties, and seat belts or other safety equipment when used to secure students during transportation, is prohibited.

School Documentation of Incidence

- 1. Each building shall maintain documentation any time ESI is used with a student. Such documentation must include all of the following: a) date and time of ESI; b) type of ESI, c) length of time the ESI was used; d) school personnel who participated in or supervised the ESI; and e) whether the student had an IEP, 504 plan, or behavior intervention plan at the time of the incident.
- 2. All documentation shall be provided to the building principal, or principal's designee who will maintain the documentation and review the data at least quarterly.
- 3. The principal or designee will submit the documentation on the final day of the fall and spring semester of each school year to the Superintendent or his/her designee.
- 4. The District designee will report incidents of using ESI to the Kansas State Department of Education ("KSDE") as required.

Parent Notification and Documentation

- 1. The principal or designee shall notify the parent the same day as the incident. The same-day notification requirement is satisfied if the school attempts at least two methods of contacting the parents (i.e. phone and text, or phone and email).
- 2. A parent may designate a preferred method of contact to receive notification.
- 3. A parent may agree, in writing, to receive only one same-day notification from the school for multiple incidents occurring on the same day.
- 4. Documentation of ESI shall be completed and provided to the parent within one (1) school day of the incident. The documentation will include: a) events leading up to the incident; b) student behaviors that necessitated the ESI; c) steps taken to transition the student back to the educational setting; d) the date and time of the incident, type of ESI used, duration of the ESI, and the school personnel who used or supervised the ESI; e) space or an additional form for parents to provide feedback or comments to the school regarding the incident; f) a statement that invites and strongly encourages parents to schedule a meeting to discuss the incident and how to prevent future incidents; and g) email and phone information for the parent to contact the school to schedule the ESI meeting. Schools may group incidents together when documenting the items if the triggering issue necessitating the ESI's is the same.
- 5. Upon the first ESI each year, parents will be provided a printed copy, or upon written request, an email copy of: a) the ESI policy which indicates when ESI can be used; b) flyer of parent rights; c) information on the parent's right to file a complaint through the local dispute resolution process (which is set forth in this policy), d) the complaint process of the state board of education; and e) information that will assist the parent in navigating the complaint process including contact information for Families Together and the Disability Rights Center of Kansas. Upon the second or subsequent incident, the parent shall be provided with a full and direct website address containing all such information.
- 6. If the school is aware that a law enforcement officer or school resource officer has used seclusion, physical restraint or mechanical restraint, including handcuffs, on a student, the school shall notify the parent the same day using the parents preferred method of contact. The school is not required

to provide written documentation to the parent, nor document this law enforcement action as an ESI.

Parent Right to Meeting on ESI Use

After each incident, a parent may request a meeting with the school to discuss and debrief the incident. The student may be invited to attend the meeting at the discretion of the parent.

The school shall hold this meeting within ten (10) school days of receiving the parent's request. The time for calling the meeting can be extended beyond the 10-day limit if the parent is unable to attend within that time period.

- 1. The focus of any such meeting shall be to discuss proactive ways to prevent the need for ESI and to reduce incidents in the future.
- For a student with an IEP, the IEP Team shall also discuss the incident and consider whether to conduct a functional behavior assessment and/or whether a behavior intervention plan is needed, or existing plan needs to be modified.
- 3. For a student with a Section 504 Plan, the 504 Team shall also discuss the incident and consider whether to conduct a functional behavior assessment and/or whether a behavior intervention plan is needed, or existing plan needs to be modified. The Team should also discuss and consider if there is a need for a special education evaluation.
- 4. If the student with an IEP or Section 504 Plan is placed in a private school by the parent, the meeting shall include the parent and the private school. If a formal team meeting is held, the private school will help facilitate the meeting.
- 5. For a student without a Section 504 Plan or IEP, the school staff and parent shall discuss the incident and consider the appropriateness of a referral for special education evaluation, the need for a functional behavioral assessment, or the need for a behavior intervention plan. Any such meeting shall include the parent, a school administrator, at least one of the student's teachers, a school employee involved in the incident, and any other school employees designated by the school administrator.

Nothing in this section shall prohibit the development and implementation of a functional behavior assessment or a behavior intervention plan for any student if the student would benefit by the measures.

ESI Complaint Investigation Procedures

- If a parent believes that an ESI was used in violation of state law or board policy, the parent may
 file a written complaint within thirty (30) calendar days of notification of the disputed ESI. The
 "Request of Investigation of Emergency Safety Invention (ESI)" shall be accessible on the Blue
 Valley District website.
- 2. The Board of Education has delegated to the Superintendent or his/her designee the authority to receive parental written complaints regarding the use of ESI.
- Upon receipt of a complaint, the Superintendent or his/her designee will investigate the complaint and develop a written report which will include findings of fact, conclusions relevant to the requirements of this policy or regulations of the KSDE; and, if necessary, corrective actions to remedy an instance of noncompliance.
- 4. The written report will be submitted to the parents, the school, the Board of Education, and to the KSDE within thirty (30) calendar days from the date the complaint is received in the Superintendent's office.
- 5. A parent may file a request for administrative review by the Kansas State Board of Education within thirty (30) calendar days from the date a final decision is issued pursuant to the local dispute resolution process.

Annual Staff Training

Staff members shall be trained regarding the use of positive behavioral intervention strategies, de-escalation techniques, and prevention techniques.

- 1. The District designee will schedule school personnel ESI training programs consistent with nationally-recognized training programs on the use of emergency safety interventions.
- 2. Training will be designed to meet the needs of personnel as appropriate to their duties and potential need for use of ESI procedures. Staff members deemed most likely to need to restrain a student will be provided a greater intensity of training.
- The District designee will maintain written or electronic documentation of training provided and lists of participants in each ESI training program. This documentation will be made available for inspection by the state board of education upon request.

Appointment of Designee

The Superintendent shall appoint a District staff member to implement the requirements of this policy for using Emergency Safety Interventions (ESI).

Board ESI Policy Notice

Board Policy 3522 is published on the District's website, on each school's website, and the entire Board ESI Policy must be available in each school's student handbook, code of conduct, or school safety plan. Parents will be notified of the online availability of this policy annually during enrollment.

B.O.E. Adopted 12 Aug 2013

B.O.E. Amended 08 Sep 2014

B.O.E. Amended 10 Aug 2015

B.O.E. Amended 08 Aug 2016

LEGAL REFERENCE: K.A.R.91-42-1 through 91-42-7.

